



## Skin Type Questionnaire

Your Name \_\_\_\_\_

Date \_\_\_\_\_

To determine your skin type, please check the one type that best describes your reaction to sun exposure.

- Skin Type 1** Skin which always burns and never tans (pale white skin)
- Skin Type 2** Skin which always burns easily and tans minimally (white skin)
- Skin Type 3** Skin which burns moderately and tans uniformly (light brown skin)
- Skin Type 4** Skin which burns minimally and always tans well (moderate brown skin)
- Skin Type 5** Skin which rarely burns and tans profusely (dark brown skin)
- Skin Type 6** Skin which never burns (deeply pigmented dark brown to black skin)

Skin Type Score	Fitzpatrick Skin Type
0 – 7	I
8 – 16	II
17 – 25	III
25 – 30	IV
Over 30	V – VI

Do you use any products containing glycolic acid?  Yes  No

Have you ever had a laser treatment before?  Yes  No

What method of hair removal do you currently use? \_\_\_\_\_

**Laser therapy is not recommended if any of the below conditions exist.** Please check any box that describes your current health condition. Please advise the physician of any medications you are taking.

- Pregnancy**
- Active herpes or shingles**
- Photosensitivity disorders**
- Seizure disorders triggered by light**

Please circle the choices that best describe you and your skin

Score	0	1	2	3	4	Score
What is the color of your eyes?	Light Blue, Grey or Green	Blue, Grey or Green	Blue	Dark Brown	Brownish Black	
What is the natural color of your hair?	Sandy/Red	Blonde	Chestnut/ Dark Blonde	Dark Brown	Black	
What is the color of your skin (non-exposed areas)?	Reddish	Very Pale	Pale with/ Beige Tint	Light Brown	Dark Brown	
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None	
What happens when you stay in the sun too long?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns sometimes followed by peeling	Rare burns	Never had burns	
To what degree do you turn brown?	Hardly or not at all	Light color tan	Reasonable tan	Tan very easily	Turn dark brown quickly	
Do you turn brown within several hours after sun exposure?	Never	Seldom	Sometimes	Often	Always	
How does your face react to the sun?	Very sensitive	Sensitive	Normal	Very resistant	Never had a problem	
When did you last expose your body to sun/solarium/tanning cream?	More than 3 months ago	2 – 3 months ago	1 – 2 months ago	Less than a month ago	Less than 2 weeks ago	
Did you expose the area to be treated to the sun?	Never	Hardly ever	Sometimes	Often	Always	